

Test long form page

Published: 25 September 2025 | Updated: 25 September 2025

Topics

Diet & health

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On this page:

- Item one
- Item Two
- Latest
- Campaigns

Latest updates

[All diet & health updates](#)

Read the latest diet and health updates in food and drink manufacturing.

Analysis

DC-MARKR-TEST

Published: 25 Medi 2025 | Updated:26 Medi 2025

Toolkit

Test long form page

25 Medi 2025

Analysis

Registered Dietitian / Nutritionist of the Year

Updated: 10 Medi 2025

Toolkit

HESS toolkit

Published: 03 Rhagfyr 2024 | Updated: 23 Gorffennaf 2025 Member only

+ Load more updates

[All diet & health updates](#)

Campaigns & initiatives



Innovation for Healthier Diets

[Raising awareness of industry innovation and highlighting positive member stories on food innovation.](#)
[Innovation for Healthier Diets](#)



A Whole Systems Approach

[Find out more about the work of our members to support our workforce and deliver a Whole Systems Approach to improving health.](#)
[Learn more](#)



Action on Fibre

[Since the launch of the Action on Fibre initiative, our member have been working hard to bridge the gap. We are pleased to share the progress of the Action on Fibre initiative.](#)
[Action on Fibre](#)



[Scotland](#)

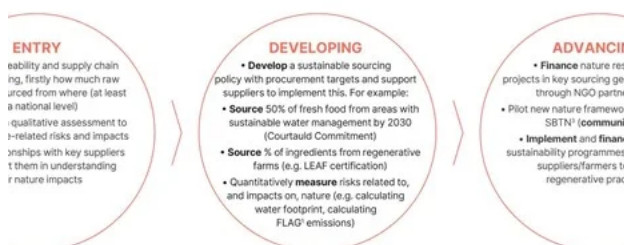
[Reformulation for Health](#)

[Scottish food and drink producers are playing a key role in enabling consumers to achieve a healthy balanced diet. Our Reformulation team is helping small to medium sized food companies to make their food healthier.](#)



[Pillar 3: Sustainable commodities](#)

[This pillar focuses on how members can contribute to halting commodity-driven deforestation and conversion by 2030.](#)
[Learn more](#)



[Building a nature restoration roadmap](#)

[FDF recommends members follow IGD's strategic framework for building a sustainability Roadmap, taking action across these key areas: measure, target, implement, finance, and communicate and advocate.](#)
[View the full pillar overview](#)

Get involved

Make the most of your membership with our committees, newsletters and alerts.

Diet & Health Committee (DHC)

The committee's vision is "For consumers, government and key stakeholders to trust and have confidence in our products from a diet and health perspective; to see them as socially responsible and to know that all products can fit into a balanced lifestyle."

[Find out more](#)

Nutrition Committee (NUT)

The Nutrition Committee deals with issues relating to nutrition which affect, or have the potential to affect, the interests of the UK food and drink manufacturing industry.

[Find out more](#)

Upcoming events & webinars

Explore and register to attend our upcoming events and webinars.

[Events](#)

[Webinars](#)

Test Rich Text Item

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heading

[Description link](#)

Toolkits & resources

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[Member only](#)

Test Carousel Card for Guidance

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[Member only](#)

Diet & health Toolkit

[This toolkit is a selection of key resources on food and health. It is updated frequently and is designed to help members to take a consistent, industry-wide approach to issues.](#)

[Learn more](#)



[Member only](#)

HFSS toolkit

[This toolkit brings together key resources to help you navigate regulations relating to food and drink high in fat, salt and sugar \(HFSS\).](#)

[Learn more](#)



Innovation for Healthier Diets toolkit

[FDF-created guidance to support businesses with reformulation. This toolkit also contains reformulation guidance to support SMEs through the FDF Scotland Reformulation for Health programme.](#)

[Learn more](#)



Workplace health toolkit

[FDF's Workplace Health Hub has been designed to support businesses looking to develop or expand their workplace health benefits.
Learn more](#)



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SimpleFileUploadForm

File upload No file chosen